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Introduction

These all projects were executed by the students of Batches 2019 and 2020 of Development Studies Program under the Chapions of Change (CoC) Program. CoC is a program of Family Educational Services Foundation, an organization whose aim is to fulfill the educational needs of the neglected and poor groups of society. Under this program, students were trained to develop and execute social project which aimed to spread peace and tolerance in the society.

1. Project: Saibaan

GROUP MEMBERS: Minhaj Ali, Hasan Naqvi, Mujtaba Ali Rizvi, M. Ahsan and Javeria Faiz

SAP Number/Name:	SAP Number 04/ SAIBAAN
SAP Location:	Social Media
Start and End dates of SAP:	Starting date: 23 July 2020

SAP Summary

First activity: Session on Public speaking and debating skills (18 August 2020)

Team saibaan figured that most of the people suffer from confidence issues and hesitate to speak outpublicly therefore we decided to conduct our first session on the basics of public speaking. We did this session on facebook LIVE at 18 0F august. Because many people easily attend the session. The guest speaker of this session is Hasnain Akhtar and Shoaib Arshad. The former is undergrad student of Development Studies, NED University and owns the achievement of winning many public speaking contests including Zawia 2020 organized by ARY Digital in Ramadan.

Statistics: 1.3k people reached this session, 808 views, 526 are the engagements.

Second Activity: Session on How to use Adobe Photoshop (4 September 2020)

Many people give up learning Adobe Photoshop due to its some complex features however this software is very useful in freelancing. So we organized a webinar on basic skills of Adobe Photoshop. Hamza Shahab, a student of Architecture at NED University was invited to teach. He has vast experience of this software and has done marvellous job in designing posters for many educational

institutes' events. We had a more professional approach for organizing this webinar. We designed an online registration form and emailed them the google meet link for the webinar. We will also give the participation certificates to the attendees in a few days.

Statistics: 18 people registered for this session and 15 people attended this webinar.

Third activity: Session on issues of Education system (11 August 2020)

Finally, the third session conducted by team saibaan was on the Issues of educational system and the guest was the HOD of The Citizen Foundation, a well known organization that provides free education to the underprivileged children, Sir Ijaz Bajwa. We did this session on facebook live on 10^a of September.

Statistics: 717 People reached this session, 299 views, and 320 engagement of this session

Key Achievements		
	We were able to educate many people and encouraged them to become a public speaker.	
	We educated people how to edit pictures using adobe software	
	We were able to highlight main problems of education system especially of Pakistan.	
Challenges		
•	The challenge Saibaan also face uptil now is gathering a good quantitiy of followers on socialmedia pages. Our team is working on it and will come over this challenge soon.	

Recommendations

 As the place of Saibaan's activities was social media. So we learned that making any projectpopular on social media requires good marketing.

Quotes

"The whole journey with champion of change was more than amazing at every point from beginning to the end we learn something to uplift our self that is by the and for the community.

The most aesthetic emotion we developed in our self is that to offer real service, you have to addsomething that you can't buy or calculate with money, and that's honesty and integrity." Female Saibaan Team member, 18, Javeria Khan

"The experience with Saibaan was beneficial in a professional aspect for me. I learned to do things professionally. I could not imagine launching a project in first year of university. I am very grateful to COC for teaching us about the project launching and most importantly sustainability." Male Saibaan Team member, 18, Minhaj Ali

"Saiban is more than a family that works to educate and the key element for our achievement is ourunity" Male Saibaan Team member, 19, Hasan Naqvi

"Adobe Photoshop is a software of basic use now a days for students, it was really great to attend a session with team SAIBAAN, I personally was able to implement some of the things that I learned thereand it helped in my project. I would like to suggest that it would be even more helpful if the instructor would start from the very basics of the software, otherwise it is a great initiative. Best of luck for the future." Male beneficiary of Saibaan, 18, Hussain Rizvi

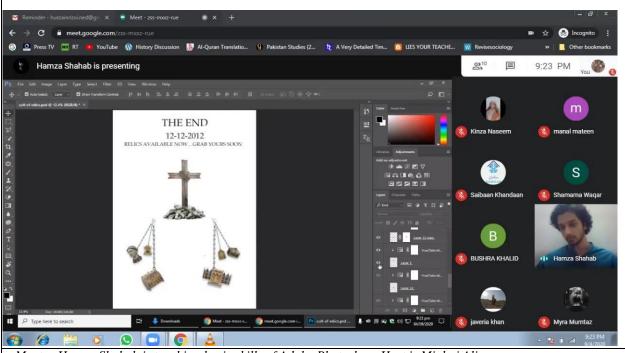
"We all have talked and must have listened about the flaws and weaknesses of our educational systembut we don't know the reason behind it. Pakistan, or especially Karachi doesn't lack in good educational institutes. But it does lack in teachers, good teachers and teachers with ample and enoughknowledge to deliver to the upcoming generation. It was very good session. Much appreciated." Female beneficiary of Saibaan, 18, Ghania Tabassum



A session being conduct on "Issues of Education Sytem" through Facebook Live. Hosts are Mujtaba and Javeria. Guest Speaker is Ijaz Bajwa. The active participation of veiwers can be seen comment box.



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sMentor Hamza Shahab is teaching basic skills of Adobe Photoshop. Host is Minhaj Ali.

2. Project: Pink Power

GROUP MEMBERS: Rumaisa Patel, Tooba Binte Arif, Hurmah Jabeen, Nudrat

Junaid, Noor ul Ain and Maryam Izhar

SAP Number/Name:	Pink Power
SAP Location:	Social media
Stait and End dates of SAP:	19 July 2020 - 11 September 2020

SAP Summaiy

Pink power is a closed group in which we discuss the problems of girls. These girls belong to different regions and cultures, aged between 17-22. We provide them a platform to show their skills and talents. We have conducted live sessions on Google meet on different topics:

- Harassment
- Transport Problems
- Menstruation Problems

We have arranged different competitions. They share their beautiful sketches. In our sessions we have arranged many fun activities.

- "Can girls drive a motorbike?" We ask girls this question and honestly answers really amaze us. almost every girl is in the favour of it. but the real obstacle is that their family dont allow them.
- "How daring are you" In this activity we ask girls what daring thing they do in their life.
- "Log kya kahenge" In this we ask girls what notation they face in society. In this activity girls also share their experiences, what notation and comments they get when they go out or even in home. We also provide a certificate to our audience. We are six members in our team. All members are female.
- Graphic designers: Rumaisa Patel and Tooba binte Arif.
- Moderators: Syeda Hurmah Jabeen and Nudrat Junaid.
- Social media marketing: Noor ul ain and Maryam Izhar

Key Achievements

We have provided a platform to girls to share their stories and their problems. Commonly girls cannot share their problems with anyone. We have provided them a safe environment in which they shared their problems without any hesitation. We have arranged competitions also to share their skills with other people..

Quotes

Working with the SAP team on a digital platform is very interesting; we have learnt how to work with a team when you are far away from each other

Pictures

Certificates for participation





3. Project: Aik Qadam Aur

GROUP MEMBERS: Maira Mumtaz, Hussain Rizvi, Manal Mateen, Kinza Naseem, Faiz Ali, Arika Ali

SAP Summary

Team AIK QADAM AUR comprises 4 females and 2 males from NED UNIVERSITY DEVELOPMENT STUDIES DEPARTMENT. All team members are aged 18-20. aiming to work for the transgender community and minorities in pakistan, showcasing thier bright side, thier achievements, their talents, the challenges they face. and provide a platform from where people can know that transgenders and the minorities are a part of our society, and we need to accept them as human beings and our fellow members of the society. transgenders and minorities should also be respected and treated equally as any other citizen of pakistan. also to spread awareness amongst people about how we should treat them and what change is to be done from our side in order to integrate peace and tolerance amongst the people of pakistan.

The project aimed to conduct interviews of the trans and the minority communities, and make short videos of them talking on different social issues projecting thierviews and sharing their life stories. In order to conduct these sessions a questionnaire was prepared by the team. also there is a constant activity on instagram and facebook pages of the project where stories of different pakistani transgenders and minorities.

RESPONSIBILITIES:

Maira Mumtaz:

is responsible for writing and editing the posts on instagram and facebook handles.

Hussain Rizvi:

is responsible for videography and editing.

Manal Mateen:

is responsible for reaching out to organizations and people who take part in the project.

Muhammad Faeez:

is responsible to conduct interviews on camera.

Kinza Naseem:

is responsible to find and gather stories of people.

Arikah Ali:

is responsible to find and gather stories of people.

And reaching out to people and finding stories and news is carried out by everyone in general but these tasks are fixed for these members.

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Key Achievements

- · Gained 200 followers on instagram and 99 on facebook in a day.
- Contacted two organizations working for transgenders. (MAHANUSH and GENDER INTERACTIVE ALLIANCE PAKISTAN)
- Got confirmation from GIA for an interview session, visited their office in karachi and interviewed SAPNA RAJPUT from GIA.
- Got a very positive response from the audience in the form of 223 views on our interview, 30 comments and over a hundred shares on instagram and facebook in just 24 hours.
- Our team is also in contact with MAHANUSH for similar sessions that will be held really soon.

Challenges

- . The team found it really hard to contact the minority communities.
- The people we contacted from the minority community were scared to talk on camera and cancelled the scheduled interview.
- The process of making the questionnaire took a little longer than expected. due to the midterm exams of the students and the pressure of studies.
- we had a challenge that we could not conduct awareness sessions online due to one more project that was being done by other students of our own department on the same issue, which affected our activities.

Recommendations

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- · it would be better if we reachout minorities through an official letter.
- we need to make our search for those members of minorities who are able to talk openly.
- We need to plan things according to a fixed schedule and prepare ourselves according to our studies so things could be managed easily.
- we need to collaborate with the other project so that we can sort some way out to make the activities in the benefit of the community and the projects as well.

Quotes

"working on this project really made me realize the horror truths of our society, and i am glad i got the opportunity to do something for the communities who are not considered a part our society, we as a team will inshallah try our best to bring a change for them" – male team member, 19, Hussain Rizvi.

" – کچھ نم بنایا ہے اس طرح نظام دریا کا جایا ہے۔" – کچھ نم بنایا ہے اس طرح نظام دریا کا جایا ہے۔" – TRANSGENDER community member,- Sapna Rajput.

"As I'm watching the video, I'm getting goosebumps, Guys this is the most powerful video ever. I am so proud of you all, Der aaye durust aaye"- mentor team AIK QADAM AUR, Ma'am Fatima Brohi.

4. Project: Wonders of Warriors

SAP Number/Name:	Wonders Of Warriors
SAP Location:	NED University
Start and End dates	20 July, 2020 till date
of SAP:	

SAP Summary

Team of WOW- Wonders of Warriors consists of 7 members, constituting of 4 females, Warda Mumtaz, Bushra Khalid, Maira Mumtaz, Ghania Tabassum, and 3 males, Muhammad Ahsan, Absar Ahmad, Hussain Rizi, ranging in age from 18 to 19 years. All are the students of NED University, Karachi, studying in first year of DS-Development Studies Department. Out of 7 members, 5 (Warda, Bushra, Ghania, Ahsan, Absar) are full-time members while 2 (Maira, Hussain) are part-time members. Team WOW focused on the disabilities and disabled people of this society. Disabled people are usually marginalized and sidelined even from the daily routine activities. They are not given enough opportunities and their work, efforts are not appreciated the way it should be and in most cases, not even recognized. So, we made WOW- a platform where their achievements and efforts are recognized and appreciated.

When we talk about disabilities, it is not only limited to physical disability as most people thinks. So,we did awareness sessions with well-known speakers in order to educate people about the disabilities, like, ADHD, Autism, ADD, etc.

Warda was tasked to write reports and fill SAP Roadmap and write content for the posts on socialmedia.

Absar was tasked to reach out to people. Ahsan

was tasked to manage Facebook page. Bushra was

tasked to manage Instagram page.

Ghania was tasked to reach out to people, make the posts for social media.

Maira and Hussain reached out to people, brought the audience in the awareness sessions, searchedindividuals and organizations that can help us with our project, and constantly gave ideas.

Key Achievements

- WOW gained 100+ followers on Facebook and 100+ followers on Instagram.
- WOW promoted its platform to well-known organizations and speakers like, KDSP, Asma Ahmed, Isma Khan and many others, contacted back and agreed to do awareness sessions with WOW.
- Team WOW's first session held with KDSP (Karachi Down-Syndrome Programme) in which we educated 20+ people about Down Syndrome.
- Our second live awareness session held with Isma Khan, who is a BCBA, studied from abroad,
 Psychologist, Therapist, in which we created awareness along with Isma Khan about ADHD andaround 35 people attended our session.

- Our third live awareness session held with Asma Ahmed, who is a Psychologist, having experience ofmore
 than 14 years in the field. This session was attended by around 40 people, in which awareness was created
 about the ASD- Autism Spectrum Disorder.
- WOW is still in contact with these organizations, therapists and psychologists and is planning to do something on ground level when this situation of lockdown overs.
- Other than that, WOW is in contact with Orion School, of Abbottabad. It is a school of special children. Several stories of several children have been shared with WOW and have been posted on thepage of WOW.
- There is a collaboration of WOW coming up soon with Wonder Tree.

Challenges

WOW did not face any much of challenges that served as hurdle in our project but there were a fewareas of project where we felt and faced difficulty and those were:

- Challenges with technicalities. Apps and Software's for post making and then arranging session on websites. This area of project was bit challenging.
- We expected 50+ audience in each of our sessions but couldn't make it to 50 in any one.

Recommendations

• Some session must be held on understanding of Technicalities and tackling Technical Issues.

Quotes

Include a limited selection of quotes here. Aim to have at least one quote from members of the SAPteam AND at least one from the community/beneficiaries.

"Community Service is not just a mere subject but a responsibility of every citizen, that one must do. Every youngster dreams to go abroad for higher studies and better opportunities but do not want to stay here and work for Pakistan. Working on this project made me realize that people do not know about the disabilities, especially neurotypical disorders. All they think and say is "Yeh tou Pagal hai." I'm honored I got this opportunity to work on this project and aware people about something more than the word 'PAGAL'. - Female team member of WOW, Ghania Tabassum, 19.

"We were all very fortunate to be a part of this session and we got to know so much that we didn't already knew about." Ma'am Fatima Brohi, supervisor and guide of WOW, addressing team WOWafter our first session with KDSP. She further added, "You guys are great and I see so much potentialin all of you. So many amazing things to come in future Insha'Allah. I am proud of you people."

"To team WOW,

It was such an amazing experience to be the part of such sessions that you people arranged. No doubt, those sessions were way too awesome and great platforms to acquire knowledge. You guysare doing an astounding job. This nation needs more people like you. Highly appreciated." -One of the beneficiaries, Khadija Aqeel Ahmad, 19.

"So happy to know that the session was informative and you people liked it. Thank you for invitingme as speaker and will be happy to do this again. Well done for organizing it." -Speaker of second session about ADHD, Isma Khan, BCBA, Psychologist, Therapist.

Pictures Speaker View Speaker

Caption: Picture of first session with Cyra Khawar, assistant manager at KDSP, on Down-Syndrome.

5. Project: Practicing Togetherness

GROUP MEMBERS: Muneeba, Fariha, Rawaha, Tasmia and Asghar Project's goal: To promote harmony, tolerance and understanding of unique cultural and ethnic heritage.

Outcome: Respect and appreciation for cultural diversity that creates a harmonious society.

6. Project: Sada-e-Zan

GROUP MEMBERS: Yusra Junaid, Aribah Adil, Mohammad Ahsan, Syed Jawad ul Hasan and Saadia Khan

The project is Sada-e-zan which calls for accountability for violence against women, and support women who experience violence and harassment at the hands of security forces, in public places, at home and at the work place. The Group members of this project were Yusra Junaid, Aribah Adil, Mohammad Ahsan, Syed Jawad ul Hasan and Saadia Khan. This page reached almost 60 likes. 3 live sessions were conducted by the group members in which several topics were discussed.

